COOKIE POLICY

In a private mental health practice in India, we utilize cookies to enhance your experience on our website. As per Indian laws pertaining to mental health practices, we're permitted to store cookies that are essential for the operation of the site without requiring your explicit consent. These cookies enable basic functions like seamless page navigation and access to secure areas.

However, for other types of cookies, we value your consent. These cookies may include those placed by third-party services that appear on our pages. You have the freedom to change or withdraw your consent at any time by accessing the Cookie Declaration on our website.

Our commitment to your privacy extends to our handling of personal data. To learn more about who we are, how we handle personal data, and how to reach us, please refer to our Privacy Policy.

Cookie Types:

- 1. Necessary: These cookies are essential for the website's functionality, including security measures, form implementation, and distinguishing between human users and bots.
- 2. Preferences: Preference cookies remember specific user preferences, such as language settings or user-specific choices related to services.
- 3. **Statistics:** These cookies assist in understanding user interactions anonymously, aiding in website optimisation and internal analytics.
- 4. Marketing: Marketing cookies track user activity across websites to display more relevant and engaging ads, benefiting both users and advertisers.

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