## PRIVACY POLICY OVERVIEW

Our Privacy Policy outlines how ACRO Mental Health & Wellness handles and protects your information. By using our services, you agree to the collection and use of your information as detailed in this policy.

**Personal data and demographics:** When you engage with ACRO Mental Health & Wellness, we may request and collect personally identifiable information such as your email address, name, and phone number, along with automatically gathered usage data.

Website tracking: We utilise cookies and similar tracking technologies to enhance your experience on our website. These technologies allow us to collect information about your browsing history, preferences, and usage patterns on our platform.

**Data usage:** Your information is utilized to maintain and enhance our services, manage your account, provide updates, and offer personalized experiences. Additionally, we may analyse data for service improvement, marketing, and business purposes.

Sharing personal information: We may share your information with service providers, business partners, affiliates, and in scenarios involving business transfers, always ensuring confidentiality and compliance with legal requirements.

Data retention and security: ACRO Mental Health & Wellness retains and uses personal data only as necessary, complying with legal obligations. We maintain stringent security measures to protect your data, although absolute security over the internet cannot be guaranteed.

Links to external websites: ACRO Mental Health & Wellness may link to third-party sites, and we encourage reviewing their privacy policies as we do not control their practices.

**Policy updates:** Our Privacy Policy might undergoes regular and routine updates, and any significant changes will be notified through appropriate channels.

Contact information: For inquiries or concerns regarding our privacy policy or data practices, please reach out to us via the provided contact details or at info@mentalhealthservicesacro.com

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